**CCM Information for students**

A summary of what is covered in each module is outlined below. Please see the [Child](http://www.childcentremethod.com) Centre Method section on the website [www.potentialtraining.org](http://www.potentialtraining.org) for more details.

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| **Module**  | **What is covered?** | **Pre-requisites**  | **Course work** | **Signed & completed**  |
| **Module 1** **Primitive Reflexes** | Research-based evidence shows how primitive and postural reflexes affect learning, behaviour, and emotions.Child Centre Method Assessment & reflex testing. | none | Two assessments case studies Review developmental exercises for each reflex.  |  |
| **Module 2** **Postural Reflexes** | Physical Literacy as a precursor to literacy & SIMPLE Remediation exercises.SIMPLE Program for Integration of postural reflexes. |  | Please complete an entry in the reflective journal section of your workbook. *The Symphony of Reflexes: Bonnie L Brandes (2016).* |  |
| **Module 3****Day 1****Child Centre Method** | Introduction to muscle testing and the energy medicine system.The role of the brain in learning and how it deals with stress.Techniques for stress release. | Completion of modules 1 and 2 | Revising & reviewing the theory of module 2 course book. Reading:*Energetic Kinesiology – Principles and Practice. Krebs C & T. O’Neill McGowan (2014) Handspring Publishing Limited* |  |
| **Module 3****Day 2 Attuning to Full Potential 1**  | The art of using muscle testing to clear stress from the body.Balancing stress in the body using Attuning to Full Potential (AFP).  | none | Three case studies using AFP with a variety of clients. Adult/child/self |  |
| **Module 4****Day 1 Attuning to Full Potential 2** | Attuning to Full Potential 2 Consolidation of working with the body’s innate system and refining the art of muscle testing. | none | Continual practice of the techniques learnt. |  |
| **Module 4****Day 2** **Ho’oponopono Harmonising Circle** | Ho’oponopono Harmonising CircleA technique for you to communicate better with yourself and others.A technique to help clear dissonant energy, manifest alignment and become congruent to yourself.A way to help you to raise your vibration state. | none | Daily practice  |  |
| **Module 5****Child Centre Method Reflex Modality**  | Consolidation of muscle testing technique.Using muscle testing to access and address the underlying stress in relation to individual reflexes.Addressing the stress that causes and fight and flight system to remain active.Understanding the necessity and benefits of the assessment process. Integrating the reflexes more rapidly using CCM modality rather than via developmental exercises. | Module 1 & 2&3,4 if no previous Kinesiology training. Kinesiologists must complete modules 1,2 and day 2 of modules 3 and 4. | Four case studies, including assessment & integration of reflexes using CCM modality and reflections. Please complete in module 3 workbook.Reading:*Reflexes, Learning and Behavior, A Non-Invasive Approach to Solving Learning and Behavior Problems, by Sally Goddard, Fern Ridge Press, 2002.* |  |
| **Module 6****Day 1****Introduction to Neural Organisation Technique Kinesiology (NOT 1-8)** | Introduction to using a physical technique for stress release and stress overload.This technique can help to integrate Tendon Guard reflex, realignment and coordination and realign Atlas.  | Module 1,2,3,4,5 | Four case studies using N.O.T to realign clients. Please complete the record in the workbook.  |  |
| **Module 6** **Day 2 Introduction to** **Energetic reflexes and more icons and Sacred Geometry** **(AFP)** | Expansion of the primitive reflexes routine to balance and address the primitive reflexes that are more difficult to shift at a deeper level.  | Module 1,2,3,4,5  | Two new case studies integrating module 6 & CCM protocols.  |  |
| **Module 7** **Day 1** **Neural Organisation Technique Kinesiology (NOT CIC)** | Gravitational security and its importance for a child’s self-confidence and self-esteem. Technique to strengthen neck muscles related to various reflexes, realign cranial sutures.Correction and exercises for balance.  | Modules 1-6 | 4 case studies using N.O.T  |  |
| **Module 7****Day 2** | **Review and In-Depth Application** of Modules 1, 2, 3 & 4 to address Primitive reflexes. Opportunity to discuss workbook progress to date. | Pre-requisites Module 1,2,3,4,5,6 |  |  |
| **Module 8, Day 1****Visual System**  | The theory of mechanics is required for reading and learning.Relationship of retained primitive reflexes and the visual system. Testing of the visual system. Corrections for integration include acupoints, modification of the sphenoid bone, CCM icons and SIMPLE exercises.  | Modules 1-7 | Complete workbook.  |  |
| **Module 8****Day 2** | In-depth review and application of modules 1-6.Opportunity to discuss workbook progress to date. | Pre-requisites Module 1-7 | Completing workbook to date.  |  |
| **Module 9** **Day 1 Auditory Processing** | Introduction to neurological pathways for processing auditory information, including specific difficulties. The impact of auditory processing disorders on the development of speech, language, and communication as well as reading, spelling, learning and behaviour. Role of sound therapy (additional training to address auditory processing difficulties).  | Anyone working with children or adults can attend this workshop (am)pm CCM students only | Reading:*Hearing Equals Behaviour Guy Berard (1995).*  |  |
| Review of CCM Assessment. |
| **Module 9** **Day 2** **5 Awakenings**  | A simple and effective technique that addresses emotional and psychological challenges. A catalyst for change and moving forward promoting positive choice by transmuting and releasing any debilitating influences. It helps to restore self-stature, standing and worth.  | none |  |  |
| **Module 10** **One day** **Nutrition and Clinal Practice**  | A focus on nutrition for children to achieve and maximise their full potential. | None  |  |  |